

## CECE DECORTICATO BIO



**CODE** 96275

**COUNTRY OF ORIGIN** Italy, Umbria

**WEIGHT** 500 g

Chickpeas grown organically by the BioAlberti company

<b>DESCRIPTION</b>	Organic hulled chickpeas of sultan variety
<b>APPEARANCE</b>	Peeled and broken beige-yellow seeds, thin skin
<b>TASTE</b>	Delicate flavour
<b>PRODUCER</b>	BioAlberti - Poggio Aquilone (TR) - Umbria
<b>OUR SELECTION</b>	BioAlberti is an agricultural company, entirely organic, immersed in the rolling Umbrian hills in the locality of Poggio Aquilone and extends over an area of 560 hectares between the province of Perugia and the province of Terni
<b>CURIOSITY</b>	The peeled chickpea of Poggio Aquilone without the cuticle is lighter, more digestible and quick to cook as it does not need to be soaked.
<b>SUGGESTIONS</b>	Ideal for soups, creams and salads; whole: 12 hours of soaking, 1 hour and a half of cooking; shelled: they do not require soaking, cooking times are around 45 minutes