

ZUCCHINE SECCHIE RIPIENE CON TONNO



CODE	93925
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COUNTRY OF ORIGIN	Italy, Apulia
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WEIGHT	230 g
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Sun-dried courgettes filled by hand with Tuna from Mediterranean Sea

DESCRIPTION

Courgettes cultivated in open field, hand-harvested, washed, selected, cut in slices and sun-dried for 3-4 days, then seared in water and vinegar, and finally filled with Mediterranean Tuna, Capers from Racale and rolled up

APPEARANCE

Small rolls, slightly brownish in colour

TASTE

Delicate and balanced, the capers and the tuna do not cover the flavour of the courgettes

PRODUCER

I Contadini - Ugento (LE) - Apulia

OUR SELECTION

The most interesting aspect of I Contadini is the deep link with the land and the traditions. The vegetables are produced by the firm, with integrated techniques, in the province of Lecce in Apulia region, and naturally dried under the strong sun of Salento, according to an ancient tradition, preserving in them all the organoleptic and nourishing qualities

SUGGESTIONS

Very nice as aperitif or as seasoning for rice salads and pastas salads